

TEAM BIG HEART



## Team Big Heart Running Team APPLICATION

Falmouth, Massachusetts  
August 16, 2020  
9:00 a.m.

### *About Joseph Middlemiss and The Joseph Middlemiss Big Heart Foundation*

Joseph Scott Middlemiss was born into this world on May 31, 2007 and was fighting for life from this very first breath. His fiery spirit and passionate desire to live every day to the fullest were ignited at the moment of birth and continued to blossom as he grew. Joseph was born with a rare cardiac condition known as **cardiomyopathy**. Moments after birth, a chest extra x-ray revealed the telltale sign of an extremely enlarged heart. Ironically, it was this enlarged heart that set him on a lifetime of medical struggles. At the same time, that BIG HEART symbolized all the love Joe was to emulate in his short lifetime.

Spreading love was something that Joseph Scott did very well. It was HIS gift that seemed to be inborn and instinctual to him. Whether it was through a simple smile that was given to a stranger in passing, an offer to help a friend who was struggling, a hug and words of encouragement extended at just the right time, a song written and presented with the hope of lifting spirits, or other numerous offers of service, Joseph continually shared his love to open the hearts of family members, friends, and strangers, alike. On September 23, 2013, Joseph, who had been medically stable and thriving at the time, passed away very suddenly and earned his angel wings.

It is now our greatest desire to carry on Joe's legacy by continuing to touch others' lives and opening hearts just as our son did with such ease and perfection. As a result, we founded **The Joseph Middlemiss Big Heart Foundation**.

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## **Team Big Heart Running Team APPLICATION**

### ***Application Specifics***

Applicants who are approved will run and fundraise for The Joseph Middlemiss Big Heart Foundation in the 2020 New Balance Falmouth Road Race, which will be held on August 16, 2020 in Falmouth, Massachusetts.

*\*Applicants will be notified of the decision by May 1, 2020.*

### ***Personal Information***

Name: \_\_\_\_\_ Gender: \_\_\_\_\_

Address: \_\_\_\_\_

Town: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

DOB: \_\_\_\_\_ Age on 8/16/20 Race Day: \_\_\_\_\_

### ***Contact Information***

Email: \_\_\_\_\_ Primary Phone #: \_\_\_\_\_

### ***Employment Information***

Employer: \_\_\_\_\_ Occupation: \_\_\_\_\_

### ***Emergency Contact Information***

Contact Name: \_\_\_\_\_ Contact Relation: \_\_\_\_\_

Contact Phone #: \_\_\_\_\_

**www.jmbigheart.org**

**P.O. Box 428 Dracut, MA 01826**

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### ***Team Information***

Have you previously participated in a charity program? Yes / No (circle one)

If, yes, which charity? \_\_\_\_\_ What was the amount you raised? \$ \_\_\_\_\_

Are you a Big Heart Running Team alumnus? Yes / No (circle one)

If yes, what was the amount of money raised the last time you ran for Team Big Heart? \$ \_\_\_\_\_

Are you applying for a waiver from us? (check one option below)

- ☐ Standard (Get a bib/number from us)
- ☐ Registered (You already have a bib/number)

What is your fundraising goal for this year? \$ \_\_\_\_\_

*Note: Registered runners are responsible for raising a minimum of \$500.  
Standard runners are responsible for raising a minimum of \$750.*

What are your plans for fundraising?

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**If your application is approved, you will receive a singlet for race day. Please indicate size below.**

- |   |   |
|---|---|
| <input type="checkbox"/> Men's X Small  | <input type="checkbox"/> Women's X Small  |
| <input type="checkbox"/> Men's Small    | <input type="checkbox"/> Women's Small    |
| <input type="checkbox"/> Men's Medium   | <input type="checkbox"/> Women's Medium   |
| <input type="checkbox"/> Men's Large    | <input type="checkbox"/> Women's Large    |
| <input type="checkbox"/> Men's X Large  | <input type="checkbox"/> Women's X Large  |
| <input type="checkbox"/> Men's XX Large | <input type="checkbox"/> Women's XX Large |

How did you hear about the Team Big Heart Running Team? (Check one option below)

- |  |   |
|--|---|
| <input type="checkbox"/> I ran last year                                       | <input type="checkbox"/> On Facebook                    |
| <input type="checkbox"/> I am a board member of the foundation                 | <input type="checkbox"/> On Twitter                     |
| <input type="checkbox"/> On the Joseph Middlemiss Big Heart Foundation website | <input type="checkbox"/> From a family member or friend |
| <input type="checkbox"/> On the Falmouth Road Race website                     | <input type="checkbox"/> Other                          |

In the space below, please explain why you would like to run for the Team Big Heart Running Team? Describe any inspiring, first-hand experiences you've had with Joseph or The Joseph Middlemiss Big Heart Foundation.

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In the space below, please describe any medical conditions that need to be taken into consideration if you are selected as a runner.

In the space below, please feel free to add any other comments you may have.

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## ***Waiver***

I agree to assume all responsibility for any and all risk of damage or injury that may occur to me as a participant in the New Balance Falmouth Road Race (the "Event"), and I hereby, for myself, my heirs, executors, personal representatives, and administrators, release, waive, and discharge any and all rights, claims, causes of action and damages I may have, present or future, whether arising out of, or incident to, my participation in the Event, against The Joseph Middlemiss Big Heart Foundation, Incorporated, its corporate affiliates, and each of its respective officers, board members, professional staff, employees, agents and volunteers, and sponsors of the Event. I hereby certify that I am physically fit and have sufficiently trained for competition in the Event and my physical condition has been verified by a licensed physician. I also grant permission for the use of my name and/or picture in any broadcast, photograph or other account of the Event.

I also grant permission for the use of my name and/or image and information in any broadcast, print publication, web, social media, photography, video or other accounts for The Joseph Middlemiss Big Heart Foundation, Incorporated.

☐ I agree with the terms and conditions above.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

### **Please mail forms to:**

The Joseph Middlemiss Big Heart Foundation  
P.O. Box 428  
Dracut, MA 01826

**[www.jmbigheart.org](http://www.jmbigheart.org)**

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